



OneHealingPresence



KNOW THYSELF 2: COSMIC CLOCK & 4 ELEMENTS

Overcoming your Karma and predicting your future

KNOW THYSELF

This is the second level in the Know thyself series. It is a powerful tool and process to further one's self- discovery.

[OneHealingPresence](#)

4 Hours every Saturday 08:00 am PT from the 26th September to 17th October

Getting to grips with one's Karma and personal challenges

One of the main challenges that every person seeking self-improvement or full self-realization faces is one's personal karma. Our personal habits and tendencies come from our Karma. (The word karma comes from the words Ka Ra Ma or the cause of the ray in manifestation).

The challenges we have to overcome in our self and our circumstances come from our Karma. Simply put we have misused our free will whilst we are in a physical body by disqualifying energy. In this way, we need to account for this and rectify this disqualification.

Karma can be considered the law of Cause and effect

"Whatsoever a man soweth, that shall he also reap." Or a more scientific explanation.

Newton observed, "For every action there is an equal and opposite reaction."

Thus, from lifetime to lifetime man determines his fate by his actions, including his thoughts, feelings, words, and deeds. 

We might not like our circumstances or personal challenges not our negative habits but we are required to overcome them. It is the equivalent of the proverbial David slaying Goliath. The Goliath is our personal karma.

"All that we are in our karma. Everything that we are is the result of everything that we have ever been. Ones karma is oneself".

Predict your Future by Elizabeth Claire Prophet.

Knowing your karma is the best way to deal with it.

Knowing thyself is the beginning of Wisdom as Aristotle said.

It is so much easier on the path of self-realization if you have some sort of roadmap to assist. A way in which to really understand where you are and what you need to work on.

This is a much faster route than continually trying many different self-help techniques but not really understanding what is going on. You cannot slay your Goliath if you do not know where to aim your slingshot.

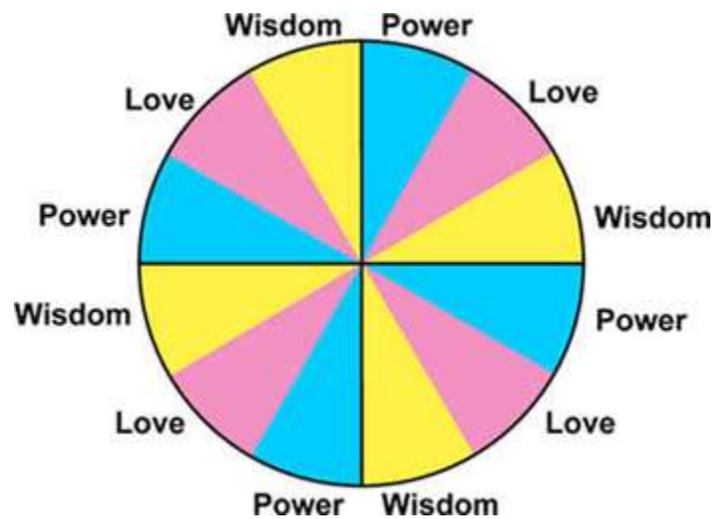


The cosmic clock is the way to understand yourself

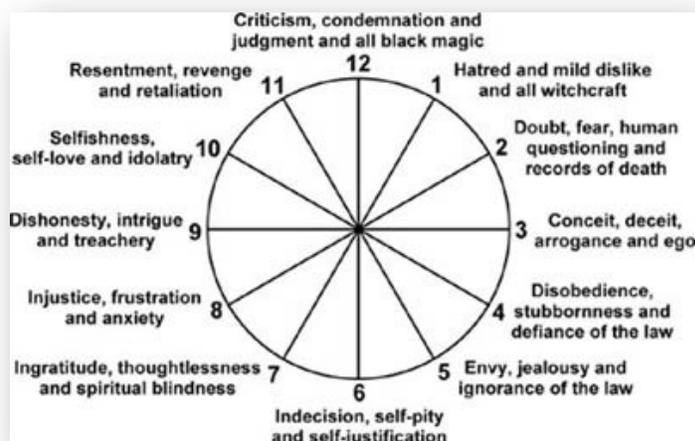
The science of the cosmic clock is a tool for the charting of the cycles of our lives. It is not traditional astrology. It is an inner astrology whereby we can chart the cycles of our karma and be the master of our fate, our cycles and our destiny.

It also allows us to chart the cycles of our dharma (good works) and to fulfill our reason for being.

As the wheel of the cosmic clock turns day by day and we experience the cycles of our tests and initiations in life, an awareness of this science can help us pass these tests.



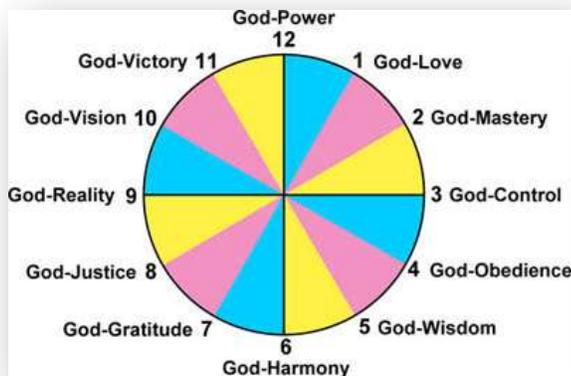
The cosmic clock will open up such a deep understanding of yourself that you will be able to contextualize your life, your relationships and your career.



The cosmic clock and unlocking your gifts in this lifetime

The cosmic clock also provides the tool for understand our good works or dharma and to how to call on these special skills to assist us in overcoming our negative momentums.

Our good works are stored in our causal body and these can be accessed to provide us a springboard of momentum to overcome our negative patterns of habitual creation.



Topics that will be covered in the course:

- Predicting your future by plotting the cycles of change
- The law of cycles
- Understanding your basic Natal astrological chart
- Masculine / Feminine balance for your natal chart
- The astrological sign of your God consciousness, Christ consciousness and Soul Consciousness (outer personality).
- Understanding your psychology of being.
- Plotting your Karma and understanding the tests for this life time.
- Approximating your level of karma based on the clock.
- Understanding the 4 elements of human design (Fire, Air, Water and Earth).
- Charting the cycles of your family on the cosmic clock.
- Study of the subconscious and superconscious mind.
- Unlocking your gifts and natural talents.



Logistics for the course

Dates

- 4 Saturday of 4 hours each from 8 am to 12 pm Pacific time
- Start time 4pm in Europe and 5pm in South Africa
- Start: 26th September 10, 2020 Finish 17th October 2020
- On line course via video conferencing

What you will receive

- 4 Exercise manuals
- Video replays of all lectures
- 4 PowerPoint presentations containing all lectured topics

Price

The price for the workshop is \$ 330 (\$ 250 for all participants from South Africa)

This can be paid via paypal or by credit card.

Please contact us should you require a payment plan.

To register or for more details

Please contact us at:

Support@onehealingpresence.com or michaelraal59@gmail.com

Or via whatsapp on (1) 971 281 9487

Or via our website at www.onehealingpresence.com (look under events of the Self-realization workshops headers)



Facilitators of the workshop

AH NAH

Meeting Ah Nah-- a spiritual teacher, an empathic healer and an ordained Self-Ascension and Interfaith minister. Ah Nah's compassionate and curious nature has led her to fulfill many different roles in her life's journey -- school teacher, owner of a few independent businesses (one of them being a Polish bookshop and cafe), mother, wife and more -- prior to dedicating herself to the Ascension Ministry of support, healing and spiritual teaching.



Ah Nah has natural healing inclinations and a deep desire to assist and support others in their healing journey, to free themselves and to find their authentic expression (as she has going through her own).

This led her to seek and study many modalities of healing arts, some of them being: nutrition, herbology, Reiki, Integrated Energy Therapy (IET), Avesa Quantum Healing, Seven Ray Mystery School, Energy Mirrors, Self-Ascension Ministry, Comparative Religion, "A Course in Miracles" Interfaith ministerial studies.

In addition to guiding others with tools for their awakening journey of self-ascension through her intuitive abilities of direct knowing, seeing, hearing and feeling, Ah Nah assists others in re-cognizing and clearing energetic blocks, congested, unwanted energies and imprints.

"It is my honor and joy to share with you my life's living, breathing Presence of the Ministry of Thy Self. There is no other, only One of us -- Love expressing It-Self through each one of us as we allow it and accept it -- Universal Spirit."

Deeply Grateful

Ah Nah



Michael

In 2004, Michael experienced a spontaneous awakening experience whilst living in his native home of South Africa. At the time he was pursuing a successful corporate career as Managing Director of a Financial Services Company. The awakening experience brought much of his true soul mission to light but it left him with little understanding of how to live as an awakened human being.

In 2008 he left the corporate world full time and started a service consultancy dedicated to serving others. He earned his certifications in Neurolinguistic Programming (NLP), Master Conscious Coaching, Master Enneagram Practitioner and Barrett Cultural Transformation Tools practitioner. In the next few years, he engaged in transformation work with Corporations in Culture Change interventions.

As a natural consequence of this work, through divine grace, his psychic and visionary ability opened up allowing him to access symbolic and visionary messages from Spirit. Following this he completed his advanced training in Integrative Energy Therapy (Cellular healing) and Reiki.

Michael offerings are guided by Spirit's wisdom and grace through his open channel of One Healing Presence. His passion is awakening a person's true soul's potential, including the freedom and expansion that comes from expressing one's Inner Self. He is cognizant of maintaining a balance between the practical, grounded requirements of day-to-day living and the deep, mystical, unseen realms.

"I have long struggled to live my own life free from fear, limitation and stress. It would be my greatest joy to assist you in freeing yourself from fear and finding your own center of joy and freedom. I look forward to assisting you in becoming your own beautiful healing presence."

Deeply grateful,

Michael John

