



OneHealingPresence



HEALING CELLULAR MEMORY WITH ARCHANGELS AND SEVEN RAYS

Integrating Body, Mind and Spirit as ONE

This course is design to answer the following questions:
How to tap into the energy source.
How to clear the energetic blocks.
How to remove the obstacles to making the connection and communication with the source
How to master the flow of energy to be constant.
How to express one's highest potential.
How to create constant vitality in body, mind and spirit...and more...
Welcome to the Path of Love!

Table of Contents

About the workshop.....	2
Details of the Workshop.....	4
Workshop outline.....	5
Facilitators of the workshop.....	6
Investment for Angel Workshop.....	8



About the workshop

This workshop was designed through the connection, communication and communion with One Healing Presence, with the following intentions:

- to release and transform all the subconscious programming within the cellular memories, self-defeating patterns in one's body, mind and spirit;
- to energize and stabilize the energies of all Seven Seals;
- to activate and initiate the Wheels that play the specific active role in establishing the ascension portal for the light body to descend into the physical with ease;

In this journey together we will be guided by One Healing Presence through an amazing and powerful transformational process that will take the traumatic past with its wounds, despair, guilt, grief, pain and fears away. We will open and activate all gateways to creative heart-center empowerment. We will integrate our authenticity of Self and our Life Mission in the Present Moment, consciously Here and Now!

"The past is over. It can touch me not" *A Course in Miracles*

In our transformational time together, we will be bringing the energy of specific Ray to each Chakra for the action of purifying, balancing and stabilizing as well as activating (Initiation) the ones that are playing the active role in the ascension process.

Chakras being the energy center within the human body-- helps to regulate all its processes, from organ function to the immune system, emotions and thoughts. There are seven main chakras that are positioned throughout the body, from the base of the spine to the crown of the head. Each chakra has its own vibrational frequency, color, and governs specific functions.

At every moment the pure stream of light, love, wisdom and power descends upon us from Spirit, our Source in its natural rhythm. This energy is first delivered to our heart chakra and from there distributed to all other chakras. The heart - centered vital life-force energy allows us to live, energize, heal and evolve--the wheels of energy are nourishing our electromagnetic field with and without the physical.

The chakras are the points of connection, communication and exchange between the energies of Spirit and the Matter.

In the chakras, being subtle and invisible to the physical eye -- the energy flows from Spirit to us, through us, and out of us -- moment by moment--within and without. We truly are the living transformers of energy-- from one center to another.



The energy flows from Spirit (through human body and it's energy field) to Matter and from Matter through human body and it's electromagnetic field, again) back to Spirit.

Spirit is mirrored in the body. Spiritual World is mirrored in the material world.

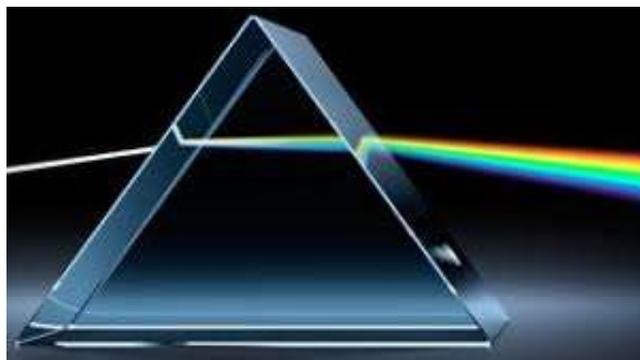
In Upanishads we read: "As is the atom, so is the Universe."

In Hermetic teachings we also read: "As above so below."

The spiral energetic movement within Seven Centers (Chakras) carries this powerful activated (DNA activation) energies (that has been dormant for a very long time) to all the systems, organs and cells within and without.

Each of the Rays creates a specific positive action in the body, heart, mind and soul, anchoring its qualities and virtues. We all have the energetic potential of them all -- and thus the 7 Ray Initiations are re-activating and re-anchoring them in our Aura and Seven Seals of the body.

These being powerful transmissions from the Higher Realms, act as a giant step on our Path towards Self-Mastery and Ascension.



Each Ray has Ascended Beings and Archangels working within its vibratory rate and overseeing its distribution to all of Creation. They are holding the pure frequency of that fraction of light, radiating it throughout the universes, galaxies and planetary systems. For example, the 5th Ray of Healing is radiated by our Beloved Ascended Master Lord Hilarion and our Beloved Archangels, AA Raphael and AA Mother Mary empowered by the Elohim Cyclopa and Virginia.

In this transformative moments for our body, mind and spirit--together we will be accessing all of the assistance, support, guidance and healing light of our Higher Selves, I AM Presences, the Celestial Realm with Archangelic Kingdom, the entire Spirit of the Great White Brotherhood, elemental life—fire, air, water and earth AS WELL AS All of The Seven Rays of Light—supported by the power of Alpha and Omega, Elohim.

Along with the spiritual energy and light, we will be using the Science of the Spoken Word, which includes invocation, prayer, mantra, decree and visualization as well as breathing practices—to create a positive change for oneself and the world around.



Details of the Workshop

Time Frame

The workshop is a minimum one full day from 9 to 6pm with a break for lunch.

No Experience needed

There is no experience needed to undertake this workshop. In fact, what does help tremendously is a beginner's mind. In this way one is open to receive rather than just to confirm to what one already thinks one has learned.

Non-Denominational

The workshop is completely non-denominational. At certain however times certain texts may be referenced for wisdom. All paths lead to the same place and we honor all faiths.

Who is this course for?

This course is for anyone who would want to live a more joyful and self-expressed life for that is the outcome.

Activations

One will receive activations throughout the process as guided by OneHealingPresence. These activations will significantly accelerate one's journey. These are grateful gifts to be received by everyone.

Who wrote this course?

This course is a co-creation of OneHealingPresence. It has been co created in the sense of Connection, Communication and Communion of the One HealingPresence that is in all things, all expressions of life. The OneHealingPresence that is you.



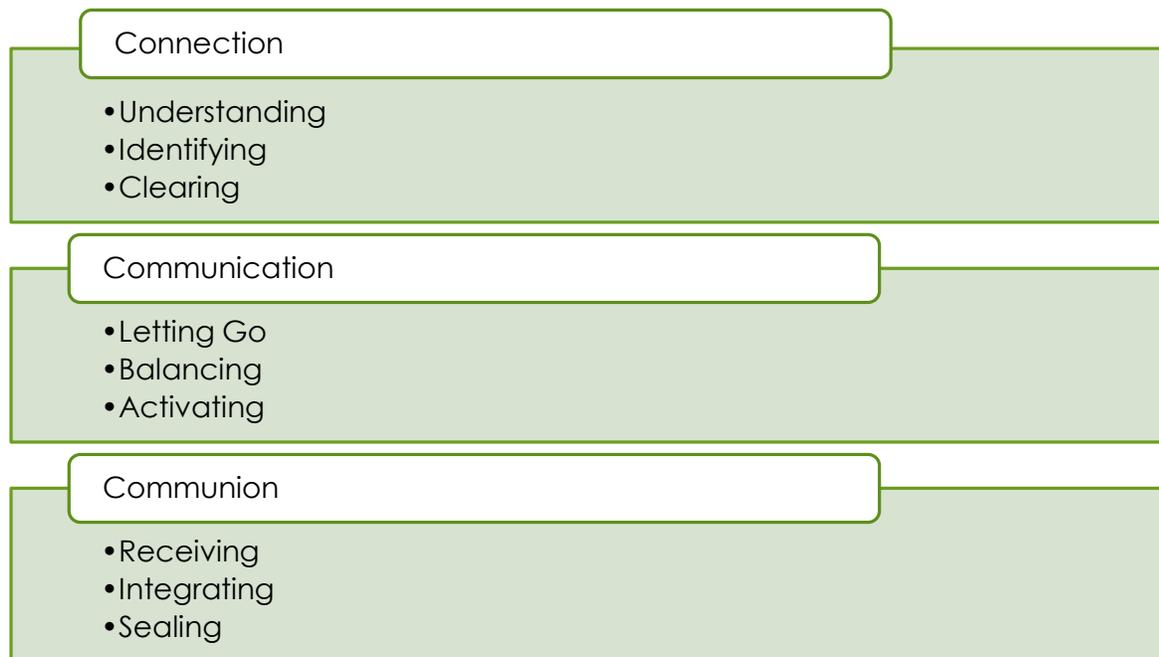
Workshop outline

On will be taken through a 3 main themes for each Chakra. These Themes are as follows:

- Connection
- Communication
- Communion

Each of these themes as a 3-step process that each participant will be taken though. Thus, one will experience a 9-step process of healing, activating and integrating for all 7 Chakras.

The Full 9 step process is as follows:



- Please note that Emotional Freedom Technique will be used during the workshop (Tapping)



Facilitators of the workshop

AH NAH

Meeting Ah Nah-- a spiritual teacher, an empathic healer and an ordained Self-Ascension and Interfaith minister. Ah Nah's compassionate and curious nature has led her to fulfill many different roles in her life's journey -- school teacher, owner of a few independent businesses (one of them being a Polish bookshop and cafe), mother, wife and more -- prior to dedicating herself to the Ascension Ministry of support, healing and spiritual teaching.



Ah Nah has natural healing inclinations and a deep desire to assist and support others in their healing journey, to free themselves and to find their authentic expression (as she has going through her own).

This led her to seek and study many modalities of healing arts, some of them being: nutrition, herbology, Reiki, Integrated Energy Therapy (IET), Avesa Quantum Healing, Seven Ray Mystery School, Energy Mirrors, Self-Ascension Ministry, Comparative Religion, "A Course in Miracles" Interfaith ministerial studies.

In addition to guiding others with tools for their awakening journey of self-ascension through her intuitive abilities of direct knowing, seeing, hearing and feeling, Ah Nah assists others in re-cognizing and clearing energetic blocks, congested, unwanted energies and imprints.

"It is my honor and joy to share with you my life's living, breathing Presence of the Ministry of Thy Self. There is no other, only One of us -- Love expressing It-Self through each one of us as we allow it and accept it -- Universal Spirit."

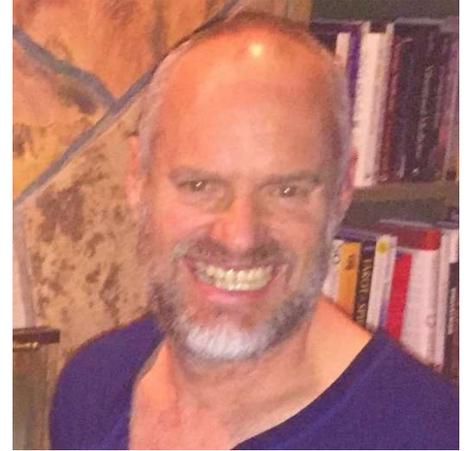
Deeply Grateful

Ah Nah



Michael

In 2004, Michael experienced a spontaneous awakening experience whilst living in his native home of South Africa. At the time he was pursuing a successful corporate career as Managing Director of a Financial Services Company. The awakening experience brought much of his true soul mission to light but it left him with little understanding of how to live as an awakened human being.



In 2008 he left the corporate world full time and started a service consultancy dedicated to serving others. He earned his certifications in Neurolinguistic Programming (NLP), Master Conscious Coaching, Master Enneagram Practitioner and Barrett Cultural Transformation Tools practitioner. In the next few years he engaged in transformation work with Corporations in Culture Change interventions.

As a natural consequence of this work, through divine grace, his psychic and visionary ability opened up allowing him to access symbolic and visionary messages from Spirit. Following this he completed his advanced training in Integrative Energy Therapy (Cellular healing) and Reiki.

Michael offerings are guided by Spirit's wisdom and grace through his open channel of One Healing Presence. His passion is awakening a person's true soul's potential, including the freedom and expansion that comes from expressing one's Inner Self. He is cognizant of maintaining a balance between the practical, grounded requirements of day-to-day living and the deep, mystical, unseen realms.

"I have long struggled to live my own life free from fear, limitation and stress. It would be my greatest joy to assist you in freeing yourself from fear and finding your own center of joy and freedom. I look forward to assisting you in becoming your own beautiful healing presence."

Deeply grateful,

Michael John



Investment for Angel Workshop

The total required investment for Know Thyself 1 is \$220. (CAD 300)

Non- refundable deposit of \$ 100 (CAD 133)

This includes: One's manuals / Venues for the training / all interventions listed

This excludes:

- All travel costs for interventions
- All meals, accommodations during interventions.

